



## Group Medicare Insights: Member Experience

# MyHealth Summary: An example of Humana's member-centric approach

By empowering members to take greater ownership over their personal health journeys, Humana's MyHealth Summary creates a better experience for retirees.



## What is MyHealth Summary?

Conveniently available through the MyHumana online portal, MyHealth Summary is a comprehensive personal health summary that updates in real time.

Group Medicare members can log in to view pertinent health information, allowing them to easily manage their health and well-being. Members can also download their record and share it with their care team.

## How MyHealth Summary benefits members:

MyHealth Summary updates as the member receives care, and members can self-report any missing information. The tool allows members to:

- Access and update medication lists
- Prepare for upcoming provider visits
- View recent vitals and other health metrics

MyHealth Summary also helps facilitate preventive care by providing reminders for eligible preventive care activities, ensuring members stay on top of their health and wellness.

## How a shared health record can benefit providers:

Members can easily download and share their personalized health record with their care team. When information is shared, providers can:

- Track completion of preventive screenings
- View a member's list of vaccinations
- Track health data trends over time

By bringing together various aspects of a member's health information into one place, providing an all-inclusive record, the member's care team can deliver better, more informed care.

To learn more, visit [Humana Group Medicare](#)